



TRCT.CA

A Relational Approach to The Purposeful Use of Daily Life Events *dle*:

A Virtual Training September – November, 2025

Facilitators: Christine Gaitens, Thom Garfat, Jessica Hadley & Andy Leggett

Details

Dates: Thursdays from
12-2 pm EST for 8 weeks from
Sept. 25th to Nov. 13th

Cost: \$325 + tax

**This Made in Canada training is
10% off for those who register
before Aug 1, 2025**

Registration: Contact TRCT at
Info@trct.ca or 289-252-9021



A Relational Approach to the *Purposeful Use of Daily Life Events* (DLE)

helps those who work directly with young people become more effective in their daily interactions. The essence of effective direct care practice lives in the relationships we are in with young people and our ability to use everyday life events, *as they are occurring*, to help facilitate change. The *dle* training explains and demonstrates a relational approach to our work and focusses on a framework for thinking about what we are doing helping to make every moment with young people more meaningful.

This research-based and trauma informed training, provides knowledge and skills for a strengths-based approach. Participants will develop abilities that assist them to focus on small important moments and experiences of young people; what Maier (1987) called 'the minutia' of everyday life.

Dle is useful to all professionals engaged in support, development, prevention and treatment with young people including child and youth care practitioners, youth workers, teachers, foster parents, social workers, and psychologists.

*"This is the most relevant training for our work that I have experienced."
– participant in Canada*



Outcomes include:

- appreciate the **importance of everyday moments** in helping young people reach their goals.
- **develop skills in using everyday live events to facilitate change.**
- identify how they might **incorporate this approach** into their current practice.

A Relational Approach to the Purposeful Use of Daily Life Events is a training of *Transformative Relational Consultation & Training (TRCT)* based on Dr. Garfat's award winning research into developing effective interventions. It is used in numerous countries and organizations and provides 14 hours of CEUs for certification as a CYC with the CYC Certification Board

For more information about **Transformative Relational Consultation & Training** and other available services:
www.trct.ca or contact us at info@trct.ca