



THE ASSOCIATION OF COUNSELLING THERAPY OF ALBERTA

March 31, 2019

To: The Child and Youth Care Association of Alberta

The Association of Counselling Therapy of Alberta (ACTA) is pleased to inform you of a major update on our progress towards the regulation of Counselling Therapy, Addictions Counselling and Child and youth Care Counselling in Alberta. To help your Board and members get up to date on the transition from FACT-Alberta to ACTA, and the work completed and underway to prepare for the new College of Counselling Therapy of Alberta (CCTA), we offer you the following resources:

- our new ACTA website: ACTA-Alberta.ca
- an Update on Regulation of Counselling Therapists, Addictions Counsellors, and Child and Youth Care Counsellors (March 29, 2019)
- an Updated Infographic about Regulation (March 29, 2019)
- our new ACTA social media sites:
 - Facebook [@ACTA.Alberta.Canada](https://www.facebook.com/ACTA.Alberta.Canada)
 - Twitter [@ACTA_Alberta](https://twitter.com/ACTA_Alberta)
- two webinars, which will be recorded for further viewing, in which we will review this information and answer questions (you should have already received registration information for these webinars).

Please share these resources with your members as soon as possible. We understand that practitioners across the province will be affected by these changes and will have many questions. We hope that these resources will help us to work together to support practitioners through this transition.

Please also be advised that as a Board you will receive a second letter from ACTA. This letter contains information about our process and recommendations regarding certifications which will be used to determine which practitioners may qualify for the Expedited Route into the College. Please review this letter carefully and notify ACTA by the deadline stated in the letter, if you wish to have a further conversation about this information. It is our intention to be transparent and collaborative in this process and we will be pleased to schedule a conversation if any further clarification is requested by your Board.

Thank you for your patience! It seems like a long time has passed since Bill 30 was given royal assent in December 2018. However, we assure you that we have been working diligently to

chair@acta-alberta.ca



www.acta-alberta.ca



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build the foundation for the new College. As daunting as the task seems at times, we remain committed to this process, knowing that it will contribute positively to the delivery of mental health services in Alberta. We look forward to continuing to work with the association boards, and all CT, AC and CYCC practitioners in the province, to bring about the changes we fought so hard for all these years!

If you have any further questions after reviewing these materials, please consult with your Board's FACT-Alberta/ACTA representative. You may also contact me at chair@acta-alberta.ca.

Sincerely,

Nicole Imgrund
Chair, ACTA
Chair, FACT-Alberta

