



www.dreamcatcherassociation.com

Dreamcatcher Exploration of Animal-Assisted Therapy

June 24nd - June 27th 2010

Dreamcatcher Nature-Assisted Therapy Ltd. is conducting intensive Animal-Assisted Therapy clinics in Ardrossan (near Sherwood Park), Alberta.



Are you interested in learning more about Animal-Assisted Therapy?
Would you like to understand how you can effectively incorporate animals into your practice? Do you have children or clients (children, youth or adults) who are angry? Frustrated? Uncooperative? Socially inappropriate? Verbally or physically abusive? Are your children, youth / clients facing special needs and require a special approach? Have you tried lots of methods but still, nothing is working?

Introducing: Caring with Critters

By attending these energetic and interactive sessions you will:

1. Experience hands-on learning about how to effectively help people of all ages who are experiencing difficult life issues and / or hard-to manage behavior while interacting with animals in a natural setting.
2. Learn how this method can be used to help people problem solve effectively, learn healthy communication skills and set and reach their goals.



3. Gain a new perspective on how you affect and deal with your world.
4. Understand how animals and nature can help to treat youth at risk, autism (PDD), depression, schizophrenia, fetal alcohol disorders (FAS / FAE), addictions, post traumatic stress disorder (PTSD), brain injury, past sexual abuse or exploitation issues, low self-esteem and confidence issues, attention deficit disorders (ADD / ADHD), Tourette's syndrome, socially inappropriate behaviors, oppositional defiance disorder (ODD), verbal and physical aggression, and much more.
5. Learn how animals can be used to “yay” or “neigh” mental health diagnoses in a functional setting.
6. Understand how functional assessments are conducted for program participants
7. Understand how individual program plans can be designed in a natural setting to meet participants' needs.
8. Realize the importance of boundaries in life and become skilled in setting and maintaining them safely and humanely.
9. Appreciate the dramatic effects of non-verbal language and the importance of reading and understanding those we are helping.
10. Learn and engage in games and activities that are applied as designed strategies for helping client populations.
11. Have an opportunity to bring personal experiences and/or client examples to the group and design treatment strategies involving animals and nature.

12. Become more aware of your interactions through non-verbal communication through experiential group exercises – the same ones which are typically applied with clients in AAT.
13. Discuss stages to developing an AAT program, determine how you can accomplish incorporating animals into your practice / where do you go from here?
14. Learn about the various types of AAT programs and what it takes to run them.
15. Understand and practice the animal ethics involved in working with animals to help people.



This workshop is intended for mental-health professionals, teachers, front-line staff, program managers, individuals who are curious about how animals accomplish their co-counselor role, and anyone wishing to further their knowledge and skills in AAT.

This workshop may be accredited as a necessary part of attaining a certificate in Animal-Assisted Therapy (AAT) through Lakeland College in the future. Lakeland College is the first College to offer AAT as a credit course in Western Canada. This course is designed and taught by Eileen Bona, owner, founder and trainer of Dreamcatcher. **This training does not qualify anyone to be an animal assisted therapist. Proper professional qualifications are necessary for anyone to practice any kind of therapeutic technique.**

Time: 9:00 am to 5:00 pm each day (last hour reserved for individual questions / consultations)

Costs: \$100 per day per person – includes snacks and beverages for four days. Please bring your own lunch.

The “Intro to AAT” Manual with Advanced AAT reading materials can be purchased at the workshop. This workshop, if attended for the four days, provides significant assistance to plan and pursue your future in AAT.

Phone: 780-922-1047 or Fax: 780-922-4217 or Email dreamcatcher@wildroseinternet.ca for more information. The training session is being held in Ardrossan, located 10 minutes East of Sherwood Park 30 minutes East of Edmonton.

The registration deadline for this training session is June 10th 2010.

Morning coffee and snacks will be provided daily.

The entire workshop will take place outdoors – **please dress accordingly.**

Participation in the animal-related exercises is strictly voluntary.



Who Are We?

Eileen Bona M.Ed. is a Registered Psychologist and Behavior Management Specialist and the founder of Dreamcatcher Nature-Assisted Therapy Association and Dreamcatcher Ltd. She has been working with people in need for more than 20 years and has been working in her private practice located on a ranch with animals to help people successfully become more functional for the past seven years. Eileen is a past Sessional Instructor of Introductory Psychology at King's University College and a current Instructor of Animal Assisted Therapy at Lakeland College. Eileen was instrumental in helping with the curriculum design of the AAT courses being designed for Alberta Education. AAT along with Nature Assisted Therapy and Horticulture Therapy were incorporated into the Alberta high school curriculums as of September 2009.

As a clinical therapist, Eileen has provided AAT services to hundreds of families in the past seven years. She believes in a collaborative approach and involves parents, teachers and other professionals in designing and implementing program plans. All Dreamcatcher animals are rescued and donated and have special needs and abilities.

Please complete the attached registration form.



53044 RR #213

Ardrossan, Alberta T8G 2C4

Ph: (780)922-1047 Fax: (780)922-4217

Email: dreamcatcher@wildroseinternet.ca Web: www.dreamcatcherassociation.com

TRAINING SESSION REGISTRATION

Company: _____

Name: _____

Address: _____

Email address: _____

Phone: (Home): _____ (Work): _____ Fax: _____

Names of other individuals attending from your agency (if applicable): _____

Total amount submitted at \$100 / person / day (training is offered for as many as four days):

One Day _____ = \$100

Two Days _____ = \$200

Three Days _____ = \$300

Four Days _____ = \$400

Total = _____

Please note that we require fourteen days cancellation notice. If notice is given on or before August ?th your money will be refunded in full. If notice of cancellation is given on or after August ?th refund of your money will be dependent upon Dreamcatcher's ability to fill your reserved spot.

The registration deadlines for this training session is June 10th 2010. There are 20 spaces available.

Date: _____ Signature: _____

Please return this completed form with a Cheque or Money Order to:

Dreamcatcher
53044 RR #213
Ardrossan, Alberta
T8G 2C4