

ACTIVE Y KIDS



Through a variety of activities & fun games, Active Y Kids offers a chance for children 6-12yrs to improve & sustain a healthy lifestyle. This 7 week program incorporates cardiovascular and muscle conditioning activities, and self-development education to improve overall health!



YMCA
We build strong kids,
strong families, strong communities.

SPOTS AVAILABLE at the Don Wheaton Family YMCA

Kids ages 6yrs-12yrs - REGISTER NOW! (FALL II)

Tue/Wed 6:00-7:00pm OR Sat 12:00-2:00pm

FREE for Members / \$96 Public

Contact Preschool, Child & Youth Supervisor for more information:

(780) 969-8937